

Forest School SA – Little Adventurers Curriculum Overview (Ages 2–4)

Aligned with EYLF Learning Outcomes

Learning Area	EYLF Outcomes & Focus	Learning Intentions	Sample Activities
Belonging & Identity	Outcome 1: Children have a strong sense of identity - Feel safe, secure, and supported - Build confidence in exploring and trying new things	- Foster emotional security and trust in caregivers and environment - Support autonomy and confidence in making choices	- Gentle welcome rituals and songs - Safe risk-taking in climbing and balancing - Personalised morning circle and story time
Community & Relationships	Outcome 2: Children are connected with and contribute to their world - Explore diversity and fairness - Show empathy and care for living things	- Learn kindness, sharing, and caring for others - Begin understanding of sustainability and nature's needs	- Feeding birds/insects, watering plants - Sharing nature items with friends - Participating in tidy-up songs and group clean-up
Wellbeing & Movement	Outcome 3: Children have a strong sense of wellbeing - Develop physical coordination and self-care skills - Learn to manage emotions and energy levels	- Build gross and fine motor skills through natural movement - Develop independence in snack, hygiene, and toileting routines	- Balancing logs, jumping puddles, crawling tunnels - Washing hands with a nature-friendly setup - Shared snack preparation
Learning & Exploration	Outcome 4: Children are confident and involved learners - Use play to explore and problem solve - Show curiosity and persistence	- Encourage exploration and discovery through sensory, open-ended play - Support sustained attention and natural inquiry	- Water play, sand/mud digging - Nature scavenger hunts - Open-ended play with pinecones, bark, stones, leaves

**Communication
& Expression**

Outcome 5: Children are effective communicators

- Use language to share ideas
- Begin to understand symbols and stories

- Support emerging language through songs, conversation, and storytelling
- Encourage creative expression through movement, mark-making, and nature-based materials

- Nature songs and fingerplays
- Drawing with charcoal or mud
- Storytelling with natural props or puppets